



World Leading
Ice Bath Experiences

THIRD SPACE



Reimanging wellness through cold water immersion

CET has been at the forefront of low temperature therapy since 2002. In 2007 we began supplying elite sporting facilities and now have thousands of CryoSpa ice baths in more than 50 countries around the world. In addition to the world of elite sport, we now also work with health clubs, gyms, hotels, spas and clinics.

Our knowledge and experience are second to none and whatever your vision for your facility, we can make it happen. Many of the world's leading brands put their trust in our technology every day.





Key Considerations

Temperature Range

Many factors including ethnicity and body fat percentage can affect a persons tolerance to cold. Optional water jets in CET CryoSpas deliver an instant added cooling effect which allows users with varying preferences to be accommodated in the same bath.

Energy Consumption

The inclusion of jets in the ice bath adds cooling by convection (wind chill). This means the water can be maintained at a much higher temperature thereby significantly reducing energy consumption.

Depth of Water

The greater the depth of the water, the greater the physical pressure exerted on the tissues. This aids the dispersal of accumulated fluids acting much like a compression garment. CET Ice baths are the deepest on the market, available up to 1.2m deep.

Daily Bather Load

Filtration capabilities should match your daily bather load. Following the introduction of new regulations in November 2024, many ice baths are no longer fit for purpose. CET is proud that all ice baths in the range meet and exceed the new standards.

Health and Safety Regulations

Advanced filtration - via a 50sqft skim filter and an optional sand filtration combined with optional UV and auto-chemical dosing - delivers an excellent hygiene rating (HSG282 Compliant), meaning our baths are the cleanest on the market and can facilitate the highest daily bather loads.

Location of your Ice Bath

The location of your ice bath comes with several considerations. Our products can be positioned in wet or dry side environments thanks to the versatility of our chiller system.

Salt Concentration

Consider if you would like to use saltwater in your ice bath. Salt has a positive impact on the healing process: higher salt concentrations will draw away more of the fluids that accumulate around an injury. Saltwater has been found to allow injuries to heal more quickly while inhibiting the risk of infection and is an option in several CET models.

Access and submersion options

Consider how people will use your ice bath. Our CryoSpa range of products offer several options: sit on top for ankle therapy, stand on step for submersion to mid-thigh, stand in deep end for submersion to waist depth or sit down for full body submersion.

FIX

BREATH ICE SAUNA

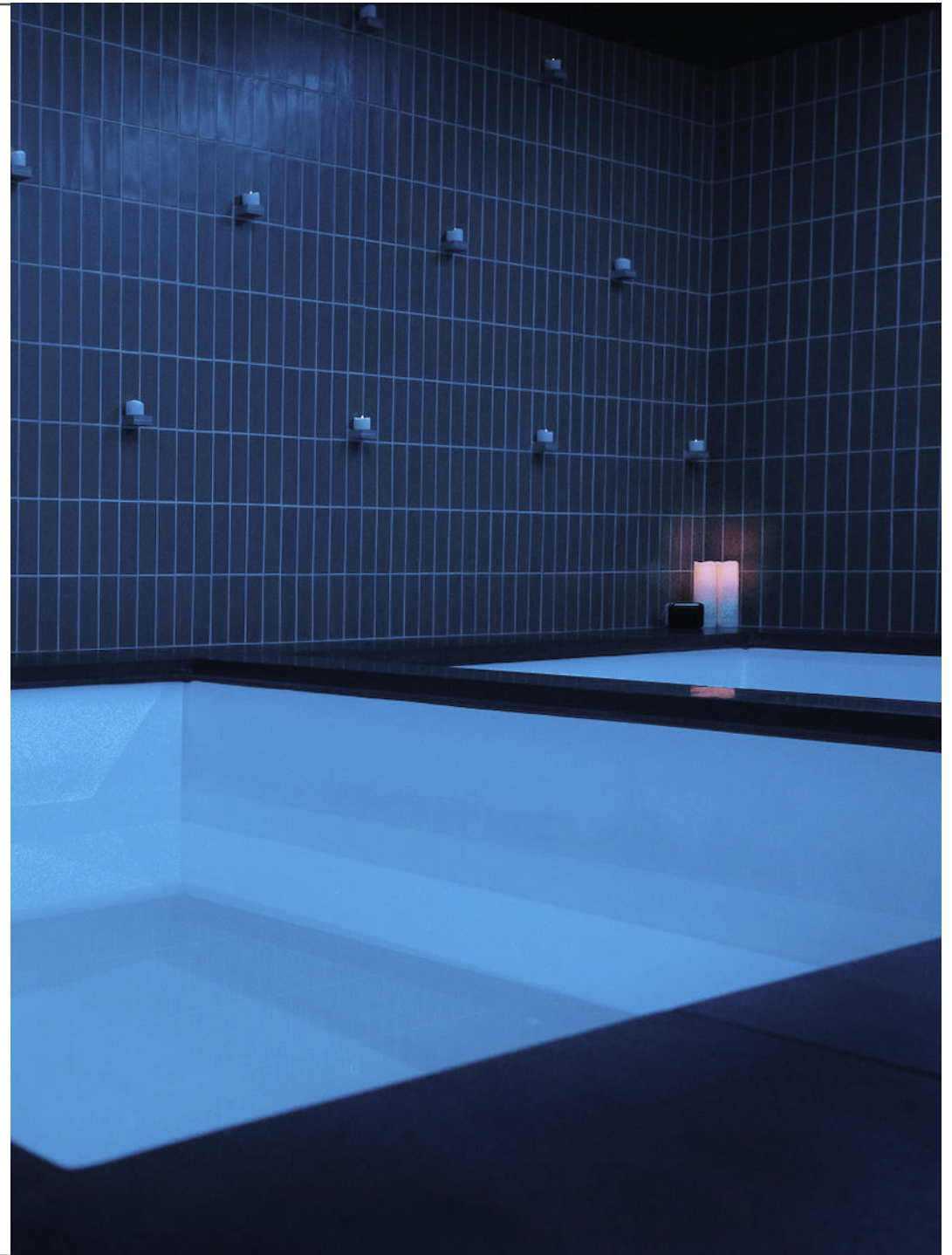


FIX

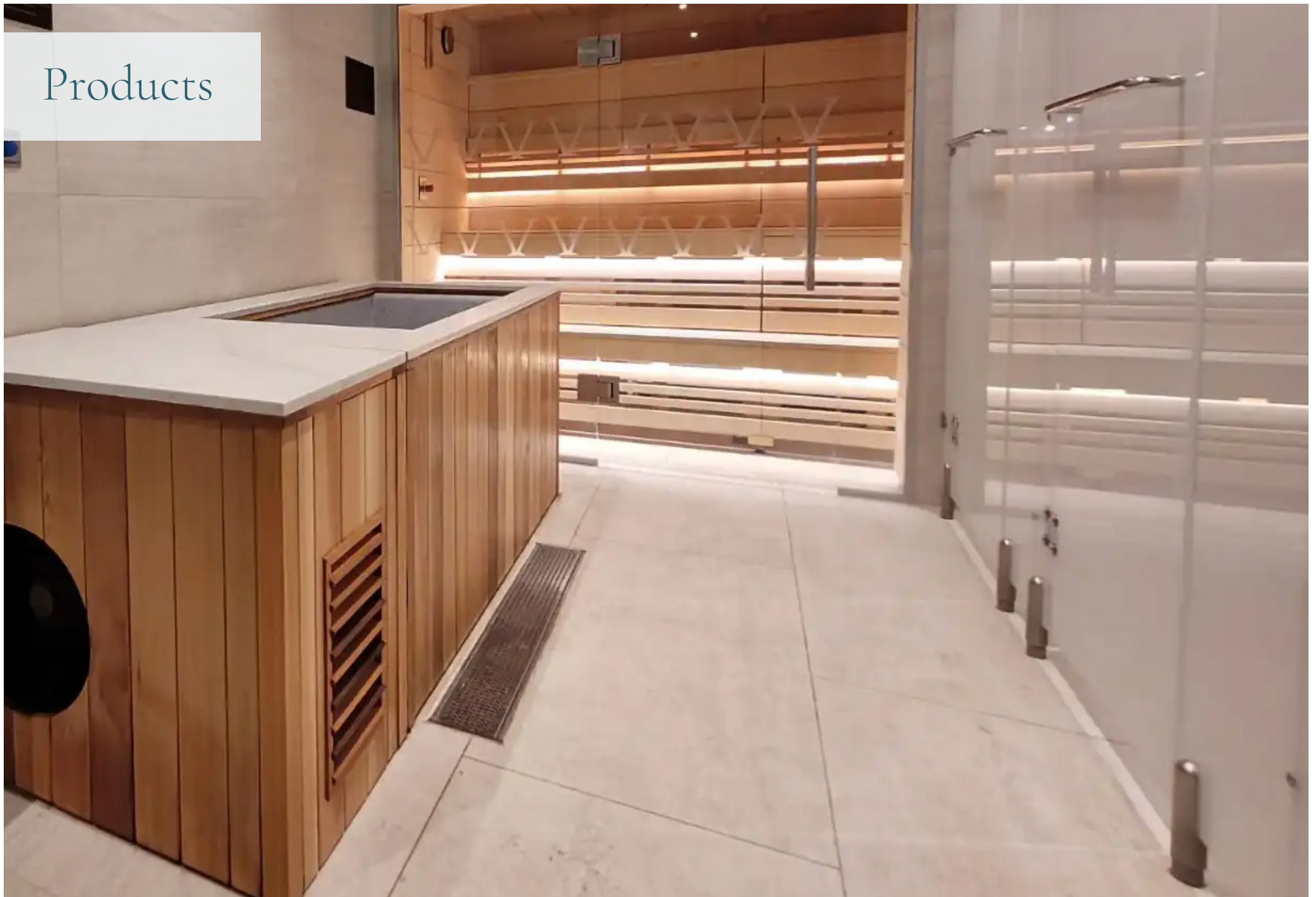
BREATH ICE SAUNA

FIX is a brand new luxury wellness facility in the heart of Manchester offering heat and cold experiences. In addition to open sessions, FIX offers a range of guided sessions which enable visitors to delve further in the benefits of heat and cold.

CET were delighted to provide the technology and plant work for FIX's Ice baths which accommodate up to 8 people at temperatures as low as 5 degrees. FIX chose CET for its expertise; not only do we lead the way in cold water hygiene protocols but we were also able to work with FIX's challenging brief to install the baths to their exact specification.



Products



Bespoke Ice Baths

Our bespoke ice baths are made to measure, and created in the size, style and materials to achieve your ultimate vision.

Our premium bespoke ice baths are designed from scratch to meet your desired specification.

We work with the available space and advise on size, depth and filtration to match your customer requirements and optimum daily bather load.

We can finish your ice bath in any material from natural wood to marble. Where appropriate, our signature water jets can be incorporated. They create temperature variations and maximise the therapeutic effect.



OREN

WELLNESS

STUDIO



OREN

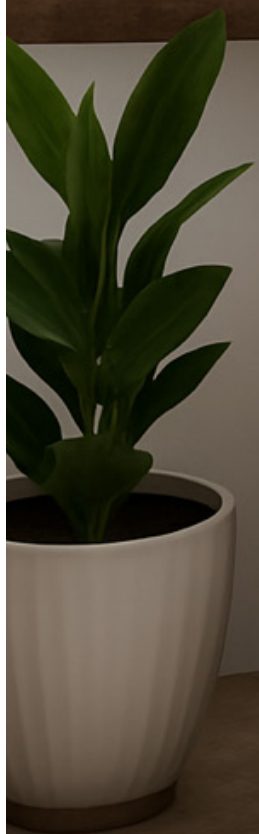
Oren Wellness is a stunning new facility in Cardiff specialising in Pilates, yoga and barre. The facility houses a luxurious recovery suite where clients can experience the power of cold water immersion via two CET Glacier Ice, Ice Baths. Oren chose a bespoke version of the Glacier Ice, with a stunning marble top and surround to match their overall decor.

Alongside the Ice Baths, the recovery suite also features an infrared sauna, an LED red light therapy panel, and a relaxation bed - designed to support muscle recovery, reduce inflammation, and enhance overall well-being.

The ice baths offer complete convenience with a digitally controlled chiller and superior skim filtration, which keeps the water crystal clear while complying with health and safety regulations.



Glacier Ice



Glacier Ice

Beautiful Cedar wood meets cold technology

The Cedrus Ice combines high performance cooling with a natural wood aesthetic for a modern ice bath solution. It is available with a range of finishes or with alternative cladding such as Corian or other finishes to match your aesthetic. This model is popular in a health club or spa setting and can be fabricated for wet and dry areas. The low profile facilitates easy entry and exit.

Our technologically advanced system provides easy operation and maintenance via a simple digital control panel and high-performance skim filtration exceeds the health and safety standards for commercial use.

The Cedrus Ice comes with a range of chilling options to suit your anticipated bather load and target temperature.

Features include:

- Fully compliant with 2025 commercial ice bath health & safety regulations
- Cools to 1°C
- Fully insulated
- Suitable for 1 person
- Saltwater compatible
- 50sq ft skim filtration

Optional features include:

- Sand filtration
- Auto dosing and auto fill
- Touch screen operation

Iroko Ice



Iroko Ice

Stunning Iroko wood meets cold technology

The Iroko Ice offers a compact commercial solution with a stunning natural wood aesthetic. The hard wearing Iroko finish makes this bath a popular choice in a health club or spa setting. It can be installed in wet and dry areas.

Our technologically advanced system provides easy operation and maintenance via a simple digital control panel and high-performance skim filtration exceeds the health and safety standards for commercial use.

The Iroko Ice comes with a range of chilling options to suit your anticipated bather load and target temperature.

Features include:

- Fully compliant with 2025 commercial ice bath health & safety regulations
- Cools to 1°C
- Suitable for 1 person
- 1.1m depth
- Saltwater compatible
- 50sq ft skim filtration

Optional features include:

- Sand filtration
- Auto dosing and auto fill
- Touch screen operation

CryoSpa Pro



CryoSpa Pro

Serious cold-technology for market-leading results

The CryoSpa Pro is the ultimate recovery tool delivering market leading results to many of the world's best athletes and performance facilities. It has been proven to accelerate athlete recovery, minimise fatigue and lower the risk of injury.

Ideal for two to four users, the unique patent protected design has 20 jets, which provide instant cooling while accommodating diversity in cold tolerance.

High salt concentration combined with hydrostatic pressure equivalent to compression garments and optional UV sanitisation aid infection control while maximising the therapeutic effect.

Whether the objective is post-exercise recovery or treating soft tissue trauma, the CryoSpa Pro delivers faster recovery and a superior therapeutic effect when compared to traditional cold tubs and plunge pools.

Features include:

- Fully compliant with 2025 commercial ice bath health & safety regulations
- 20 Jets
- Cools to 1°C
- Fully insulated
- Suitable for up to 4 users
- 1.2m depth
- Saltwater compatible
- 50sq ft skim filtration

Optional features include:

- Sand filtration
- Auto dosing and auto fill
- Touch screen operation

CryoSpa



CryoSpa

Premium ice bath for individual use

The CryoSpa is our premium ice bath for individual use which mirrors the therapeutic effect of the larger CryoSpa Pro. It is the perfect compact solution whilst still delivering the maximum therapeutic effect and a 5* hygiene rating.

The system comes complete with 10 jets which target the legs and the glutes whilst also providing an additional instant cooling effect.

The high specification filtration complies with new health and safety regulations for commercial use ensuring it can be installed at a sports club, gym, hotel or other commercial setting.

Features include:

- Fully compliant with 2025 commercial ice bath health & safety regulations
- 10 Jets
- Cools to 1°C
- Fully insulated
- Suitable for 1 person
- 1.1m depth
- Saltwater compatible
- 50sq ft skim filtration

Optional features include:

- Sand filtration
- Auto dosing and auto fill
- Touch screen operation



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